



PRM Training | Provide Cardiopulmonary Resuscitation

Delivered by Allens Training PTY Ltd - RTO 90909 through PRM as a 3rd party provider

Cardiac arrest is a medical emergency that can lead to death. With urgent medical care to restart the heart, survival is possible.

Quick decision-making to recognise and assess a cardiac emergency, call for medical assistance, and perform Cardiopulmonary Resuscitation (CPR) procedures will increase the chance of survival for a person who is unconscious and not breathing normally.

In this CPR course, you will learn these skills, in line with the Australian Resuscitation Council guidelines, including using an automated external defibrillator (AED), how to rotate first aiders with minimal interruptions to compressions, and what to do if the casualty regurgitates or vomits.

The course also covers conveying accurate incident details when handing the casualty over to emergency services, how to review an incident, to recognise any psychological impacts on self and other rescuers, to seek help if required, and for improvement of own personal skills and response times.

Performance tasks and practical scenarios:

- Simulated First Aid Scenario – Perform CPR on an adult (incl. the use of an AED and placing a casualty into the recovery position)
- Perform CPR on an infant

Class Size / 12 maximum

Duration / 2 hours face to face

Style

In class lecture and practical hands-on skill development, with demonstrations and discussions, including slides and video. This is a skills-based course with significant practical learning requiring active participation of the students. Individuals undertaking this course will be expected to complete both written and practical assessment tasks.

Units Delivered

HLTAID009 Provide cardiopulmonary resuscitation.

To view full unit details please visit www.training.gov.au

Recommended Attendance

This course is recommended to anyone who may respond to first aid emergencies in line with legal and workplace requirements.

Let's talk

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For more information: prmtraining.com.au