



## **PRM Training | Provide Advanced First Aid (including CPR)**

*Delivered by Allens Training PTY Ltd - RTO 90909 through PRM as a 3rd party provider.*

Challenging situations, such as multiple casualty incidents, having to move or extricate casualties, or treating potentially fatal illnesses and injuries are high risk. It is imperative that training occurs to be able to know what to do when confronted with a real-life incident.

This course provides practical simulated real-life situations to learn and gain the confidence to coordinate and manage a response and provide advanced first aid in line with legal, community and workplace considerations, Australian Resuscitation Council guidelines and other Australian national peak clinical bodies until emergency services arrive.

Instruction on basic first aid and CPR will be provided, as well as treatments specific to advanced conditions, such as hypothermia or hyperthermia, head, neck and spinal injuries, using tourniquets and haemostatic dressings for life-threatening bleeding, and managing a casualty in shock.

The course covers recording casualty condition, completing workplace incident documentation and debriefing for recognising areas for improvement, psychological impacts, and seeking help as required.

### **Performance tasks and practical scenarios:**

- Perform CPR on an adult (incl. the use of an AED and placing a casualty into the recovery position)
- Complete a first aid incident report form based on the adult CPR simulated first aid scenario
- Perform CPR on an infant
- Manage a casualty with anaphylaxis
- Manage a casualty with asthma
- Manage a choking casualty
- Manage a casualty with non-life-threatening bleeding and shock, requiring minor wound cleaning
- Manage a casualty with a nosebleed
- Manage a casualty with a fracture and dislocation
- Manage a casualty with a sprain and strain
- Manage a casualty with envenomation (snake/ funnel-web spider bite)
- Simulated First Aid Scenario - Manage a casualty with a life-threatening bleed
- Complete a first aid incident report form based on the life-threatening bleed first aid scenario
- Coordinate a multiple casualty incident

**Class Size** / 12 maximum

**Duration** / 16 hours face to face

**Style** / In class lecture and practical hands-on skill development, with demonstrations and discussions, including slides and video. This is a skills-based course with significant practical learning requiring active participation of the students. Individuals undertaking this course will be expected to complete both written and practical assessment tasks.

### **Units Delivered**

HLTAID014 Provide Advanced First Aid

HLTAID011 Provide First Aid

HLTAID010 Provide basic emergency life support

HLTAID009 Provide cardiopulmonary resuscitation

To view full unit details please visit [www.training.gov.au](http://www.training.gov.au)

### **Recommended Attendance**

This course is recommended for workers who may be responsible to both respond to first aid emergencies and to manage that response in line with legal and workplace requirements.

**Let's talk**

**T: 1800 304 944**

**Contact us: [admin@prmtraining.com.au](mailto:admin@prmtraining.com.au)**

**For more information: [prmtraining.com.au](http://prmtraining.com.au)**