



PRM Training | Provide First Aid (including CPR)

Delivered by Allens Training PTY Ltd - RTO 90909 through PRM as a 3rd party provider

With instruction and practical training in line with legal, workplace, and community considerations, Australian Resuscitation Council guidelines, and other Australian national peak clinical bodies, this first aid course teaches the skills and knowledge to recognise emergencies and provide immediate and effective first aid treatment to any person suffering a sudden illness or injury.

The course covers assessing the casualty, providing safety, accessing emergency services, and using resources to provide first aid, such as providing CPR and using a defibrillator, administering an autoinjector for anaphylaxis, administering asthma medication, assisting someone choking, using appropriate immobilisation techniques for envenomation, fractures, dislocations, sprains and strains, managing casualties with non-life-threatening bleeding and shock.

You will learn basic anatomy, physiology, and the differences between adults, children, and infants relating to CPR, the importance of the chain of survival, written and verbal reporting of incident details, reviewing incidents to improve own skills and response times, to recognise psychological impacts, and seeking help as required.

Performance tasks and practical scenarios:

- Simulated First Aid Scenario – Perform CPR on an adult (incl. the use of an AED and placing a casualty into the recovery position)
- Complete a first aid incident report form based on the simulated first aid scenario
- Perform CPR on an infant
- Manage a casualty with anaphylaxis
- Manage a casualty with asthma
- Manage a choking casualty
- Manage a casualty with non-life-threatening bleeding and shock, requiring minor wound cleaning
- Manage a casualty with a nosebleed
- Manage a casualty with a fracture and dislocation
- Manage a casualty with a sprain and strain
- Manage a casualty with envenomation (snake/ funnel-web spider bite)

Class Size / 12 maximum

Duration / 7.5 hours face to face

Style

In class lecture and practical hands-on skill development, with demonstrations and discussions, including slides and video. This is a skills-based course with significant practical learning requiring active participation of the students. Individuals undertaking this course will be expected to complete both written and practical assessment tasks.

Units Delivered

HLTAID010 Provide basic emergency life support

HLTAID011 Provide First Aid

HLTAID009 Provide cardiopulmonary resuscitation

To view full unit details please visit www.training.gov.au

Recommended Attendance

This course is recommended to workers who may respond to first aid emergencies in line with legal and workplace requirements.

Let's talk

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For more information: prmtraining.com.au