

# PRM Training | Provide Basic Emergency Life Support (Nationally Recognised Training)

Delivered by Allens Training PTY Ltd - RTO 90909 through PRM as a 3rd party provider

Having the skills, knowledge, and confidence to recognise and respond to life-threatening emergencies can save a person's life! In this first aid course, you will learn these first aid skills in line with legal, workplace and community considerations, Australian Resuscitation Council guidelines and other Australian national peak clinical bodies.

The course covers assessing the casualty, providing safety, accessing emergency services, and using resources to provide first aid, such as providing CPR and using a defibrillator, administering an autoinjector for anaphylaxis, administering asthma medication, assisting someone choking, managing casualties with non-life-threatening bleeding and shock.

You will learn basic anatomy, physiology and the differences between adults, children and infants relating to CPR, and the importance of the chain of survival. Also, conveying accurate details when handing the casualty over to emergency services, reviewing an incident to improve own skills and response times, recognise psychological impacts from the incident, and seeking help as required.

### Performance tasks and practical scenarios:

- Simulated First Aid Scenario Perform CPR on an adult & infant (incl. the use of an AED and placing a casualty into the recovery position)
- Manage a casualty with anaphylaxis
- Manage a casualty with asthma
- Manage a choking casualty
- Manage a casualty with non-life-threatening bleeding and shock

## Class Size / 12 maximum

Duration / 4 hours face to face

#### Style

In class lecture and practical hands-on skill development. This is a skills-based course with significant practical learning requiring active participation of the students. Individuals undertaking this course will be expected to complete both written and practical assessment tasks.

#### **Units Delivered**

HLTAID010 Provide basic emergency life support HLTAID009 Provide cardiopulmonary resuscitation To view full unit details please visit www.training.gov.au

#### **Recommended Attendance**

This course is recommended to workers who may respond to first aid emergencies in line with legal and workplace requirements.

Let's talk

T: 1800 304 944 Contact us: admin@prmtraining.com.au For more information: prmtraining.com.au