

## PRM Training | Fire Prevention & First Attack Firefighting Awareness for Healthcare & Aged Care

This training forms part of the compulsory training modules to be completed annually by healthcare facilities, as specified by NSW Health policy directive 2010\_024. It provides the necessary practical demonstration of firefighting techniques and skills utilised within a health care facility. Required fire theory familiarizes students with fundamental knowledge to recognise the dangers associated with workplace firefighting, types of fires and firefighting equipment.

Students will be informally assessed throughout the training as to their level of understanding. There is a practical demonstration of/and use of site representative firefighting equipment by instructors. Students are encouraged to participate and use the equipment but not required. This is a non-accredited training, and as such there is no pass or fail level to be achieved.

This training is based upon Australian Standards AS 3745, AS 4083, NSW Health policy directive 2010\_024, relevant Workplace Health & Safety regulations and industry best practice.

## **Topics Discussed**

- Types of fire emergencies specific to site
- The use of sprinklers and fire compartmentation as a firefighting method
- Basic fire science and classes of fire
- Selection & use of first attack equipment including practical use of extinguishers, fire blanket and fire hose reels (where applicable)
- Working as a team to extinguish workplace fires, and life safety for staff and other occupants
- Safe operating practices and identifying limitations of first attack firefighting equipment
- After use requirements for first attack equipment
- Building performance during emergencies

Class Size / 30 maximum

**Duration** / 1 hour

## Style

In class seminar, with demonstrations and discussions, including slides and video. This is seminar-based training with participant optional hands-on exercises. Theory is applied to site requirements through fire blankets, extinguisher demonstrations and use of hose reels, with opportunities for participants to operate extinguishers normally found on site. This is an awareness level training experience and does not involve the extinguishment of a live fire. Additional class participation is encouraged through discussions, questions, and answers.

## **Recommended Attendance**

This training is for healthcare staff who may be involved in a fire emergency response onsite and provides the awareness and basic knowledge to initiate first attack firefighting techniques, using installed extinguishers, fire blankets and fire hose reels.

Let's talk

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